



INFORMED CONSENT FOR TREATMENT

Welcome to Renewal Centers, Inc. This document contains important information about the professional services and business policies of Renewal Centers. Please review the information thoroughly as once you sign this document it will represent an agreement between you and Renewal Centers. Please feel free to address any questions you may have with your therapist. The terms 'client' and 'you' represents children, adolescents, adults, couples, or families who are the identified client receiving services at Renewal Centers.

PSYCHOLOGICAL SERVICES

Psychotherapy/counseling is not easily described in general statements. They vary depending on the personalities of the therapist and the client, and the particular issues you are experiencing. There are many different methods your therapist may use to deal with the issues that you bring to therapy. Psychotherapy/counseling is not like a medical doctor visit. Instead, it calls for a very active effort on your part. You will mostly define the purpose of treatment with assistance from your therapist as needed. In order for therapy to be most successful, you will have to work on things that are discussed both during session and at home, including homework given by your therapist.

THERAPEUTIC PROCEDURES

Psychotherapy/counseling can have both benefits and risks. Since therapy often involves talking about unpleasant aspects of your life, you may experience uncomfortable feelings such as sadness, guilt, anger and loneliness. On the other hand, psychotherapy/counseling also has been shown to have many benefits. Therapy often leads to better relationships, solutions to specific problems and significant reduction in feelings of distress. However, there are not guarantees that you, or your child, will experience these benefits and/or risks.

Your first few sessions with your therapist will involve an evaluation of your needs. By the end of the evaluation, your therapist will be able to offer you some first impressions of what your therapy will include and a suggested treatment plan. You should evaluate this information along with your own opinions and consider whether or not you will feel comfortable working with your therapist. If you have questions about your therapist's approach, you may discuss them whenever they arise. *If doubts persist, Renewal Centers, Inc. will work with you to find a solution, including referrals to an alternative provider if desired.*

You are encouraged to participate in treatment decisions and in the development, review and revision of your treatment plan. The therapists at Renewal Centers work from a collaborative approach and welcome your participation. You are required to sign a treatment plan indicating your agreement with the approach and interventions specified. Treatment plans are reviewed periodically based on client needs and goals and in no less than a 12-month period.

You have the right to refuse any recommended treatment or withdraw informed consent to treatments. It is important to understand that discontinuing treatment prematurely may incur unforeseen risks. If you are uncomfortable discussing your concerns with your therapist, you may contact the Executive Director/CEO or Renewal Centers Office Manager, who will be happy to assist you.

Therapists may terminate treatment if a client fails to comply with treatment goals identified in the treatment plan and approved by the client, fails to attend scheduled appointments with no notification, incurs a history of late cancellations, or fails on payment of account. Prior to termination, the therapist will make every effort to resolve any issues with the client and if a successful resolution is not found will offer no less than three referrals to other professionals in the community.

PROFESSIONAL FEES

Renewal Centers' charges for its professional services including but not limited to all counseling sessions (in office/phone/video conferencing), consultations, document preparation, legal proceedings, etc. Fee schedule will be provided upon notification of any additional or special services requested.

Renewal Centers' standard rate for all counseling sessions is \$130 per session. However, please review our financial agreement for available payment options, including use of health insurance. All fees for services are due and payable at time of service. In the event of overpayment on an account, Renewal Centers will refund the amount within 30 days of receipt of an EOB. All delinquent accounts are subject to referral to collections agency with client assuming responsibility for all costs associated with such.

NO SHOW/CANCELLATION POLICY

When canceling your appointment, please call the office at 520-791-9974 by noon of the business day prior to your scheduled appointment. **ALL** calls after noon of the business day prior will incur a \$35.00 fee, which will need to be paid prior to attending or scheduling any future sessions.

AFTER HOURS EMERGENCIES

If you have a life threatening emergency after our normal business hours of Monday thru Friday, 9:00 a.m.-5:00 p.m., please hang up and **call 911**. If it is after hours and non-emergency, we recommend you call **520-622-6000** (24-hour hotline operated by SAMHC) or Hope Inc. warm line at **520-770-9909**. Both are 24-hour crisis lines.

